



RECEIVED
7/15/98

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA 10 '98 AUG -5 P1:41
AND 21 CFR §101.93

This notification is being filed on behalf of 4Health, Inc., doing business as Nature's Secret, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is **ReDo Morning Multi** a part of the 2-part ReDo™ Program.

The text of each structure-function statement for which notification is now being given is:

- Statement 1. A balanced, comprehensive multi-mineral designed to support daytime energy.
- Statement 2. Includes minerals & Herbs for daytime energy.
- Statement 3. Designed to deliver nutrients to your body when your body needs them.
- Statement 4. Contains enzymes and a catalytic blend to support digestion and absorption of nutrients.
- Statement 5. Cleanses & Detoxifies the Body
- Statement 6. Improves Energy
- Statement 7. Enhances Mood
- Statement 8. Helps complexion and skin
- Statement 9. Aids in digestion
- Statement 10. Enhances the immune system
- Statement 11. Improves cardiovascular circulation
- Statement 12. Aids in weight loss.
- Statement 13. Helps with seasonal reaction discomfort.
- Statement 14. Aids in Joint Support.
- Statement 15. Enhances absorption of formula.
- Statement 16. Relaxing aid in sleep.
- Statement 17. Aids in the discomfort of head pain.
- Statement 18. Aids to relieve fatigue.
- Statement 19. Helps keep bones & teeth healthy.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Siberian Ginseng Root Extract, Citrus Bioflavonoids, Shattered Cell Wall Chlorella, Astragalus Root, Cayenne Fruit, L-Aspartic Acid, Bromelain, Papain, Lecithin, Ginger Root, Red Raspberry Leaf, Peppermint Leaf, Bioperine®.
2	Siberian Ginseng Root Extract, Citrus Bioflavonoids, Shattered Cell Wall Chlorella, Astragalus Root, Cayenne Fruit, L-Aspartic Acid, Bromelain, Papain, Lecithin, Ginger Root, Red Raspberry Leaf, Peppermint Leaf, Bioperine®.
3	Morning Multi blend.
4	Bromelain, L-Aspartic Acid, Lecithin.

975-0162

see docket 975-0163 also

60152
LET 1917
HN30050 06/03/98

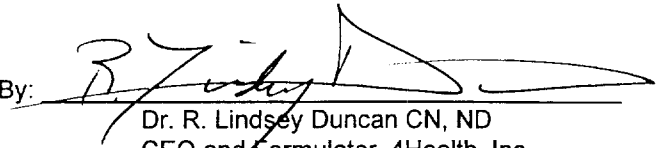
5	Cayenne (Capsicum Fruit), Ginger Root, Shattered Cell Wall Chlorella, Choline Bitartrate, Inositol, PABA (para-aminobenzoic Acid), Vitamin C (Ascorbic Acid), Citrus Bioflavonoids.
6	Niacin (Niacinamide), Vitamin B ₁₂ (Cyanocobalamin).
7	Siberian Ginseng Root, Peppermint Leaf, PABA (para-aminobenzoic Acid), Thiamin HCl, Niacin (Niacinamide), Pantothenic Acid, Vitamin B ₁₂ (Cyanocobalamin),
8	Vitamin A, Inositol, Riboflavin, Pantothenic Acid, Folic Acid, Vitamin E.
9	Astragalus Root, Cayenne (Capsicum Fruit), Ginger Root, Papain, Peppermint Leaf, Vitamin B ₁ (Thiamin HCl), Bromelain, Lecithin.
10	Astragalus Root, Ginseng Root, Vitamin A, Vitamin B ₆ (Pyridoxine HCl), Vitamin C (Ascorbic Acid), Citrus Bioflavonoids.
11	Cayenne (Capsicum Fruit), Ginger Root, Inositol, Vitamin B ₁ (Thiamin HCl), Niacin (Niacinamide), Vitamin B ₆ (Pyridoxine HCl), Citrus Bioflavonoids, Chromium (Polynicotinate),.
12	Cayenne (Capsicum Fruit), Red Raspberry Leaf, Choline (Bitartrate), Vitamin B ₁ (Thiamin HCl), Vitamin B ₂ (Riboflavin), Niacin (Niacinamide), Vitamin B ₆ (Pyridoxine HCl), Biotin, Chromium (Polynicotinate), Lecithin (Phosphatidyl-Choline).
13	Red Raspberry Leaf, Shattered Cell Wall Chlorella.
14	Peppermint Leaf.
15	Bioperine®.
16	Red Raspberry Leaf.
17	PABA para-aminobenzoic Acid).
18	Vitamin D ₃ , Cholecalciferol.

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	4Health™ ReDo™ Morning Multi	Both
2	4Health™ ReDo™ Morning Multi	Both
3	4Health™ ReDo™ Morning Multi	Both
4	4Health™ ReDo™ Morning Multi	Both
5	4Health™ ReDo™ Morning Multi	Labeling
6	4Health™ ReDo™ Morning Multi	Labeling
7	4Health™ ReDo™ Morning Multi	Labeling
8	4Health™ ReDo™ Morning Multi	Labeling
9	4Health™ ReDo™ Morning Multi	Labeling
10	4Health™ ReDo™ Morning Multi	Labeling
11	4Health™ ReDo™ Morning Multi	Labeling
12	4Health™ ReDo™ Morning Multi	Labeling
13	4Health™ ReDo™ Morning Multi	Labeling
14	4Health™ ReDo™ Morning Multi	Labeling
15	4Health™ ReDo™ Morning Multi	Labeling
16	4Health™ ReDo™ Morning Multi	Labeling
17	4Health™ ReDo™ Morning Multi	Labeling
18	4Health™ ReDo™ Morning Multi	Labeling
19	4Health™ ReDo™ Morning Multi	Labeling

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998

By: 
Dr. R. Lindsey Duncan CN, ND
CEO and Formulator, 4Health, Inc.